



Who Am I? Oregon CIS Junior Student Reflection Activity

Student Name: _____

Date: _____

Introduction to Student Oregon CIS Junior Reflection Activity:

Students, as we conclude our exploration of the Oregon CIS Junior platform, it's essential to take a moment to reflect on our discoveries. This reflection activity will provide an opportunity to consolidate your insights, evaluate your understanding, and envision the potential impact on your future aspirations. Remember, reflection is a crucial step in the learning process, ensuring that we truly internalize and benefit from our experiences.

Reflection Questions:

1) After using the Oregon CIS Junior platform, list three strengths or talents you discovered about yourself:

STRENGTH 1: _____

STRENGTH 2: _____

STRENGTH 3: _____

2) Were any of these surprising to you? Why or why not?

3) Based on what you've learned about your strengths and interests, name a career you might want to explore further. What about this career appeals to you?



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Crafting Your Service Learning Project Proposal:

4) Which part of today's lesson resonated with you the most? Was there anything that you found challenging or confusing?

5) Imagine yourself five years from now. How do you think the knowledge of your strengths and interests from today's lesson will benefit you in the future?

6) How did you find using the Oregon CIS Junior platform? Do you feel it's an effective tool for helping you understand more about yourself and potential career paths? Why or why not?
